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Pippa realizes her dream, Mt. Everest, Nepal

Pippa, Team and TrailRider™ Rise Above Barriers

Rise Above Barriers Society Website: www.riseabovebarriers.com

**On Tuesday,
January 29th Pippa
Blake presents:
"Where there's a
wheel, there's a
way"**

**Robinson's
Outdoor Store
Doors open 7 p.m.
Slideshow 7:30
p.m.**

**Tickets \$5
Reservations
recommended.**

Great Prizes

Phone 385-3429

**or e-mail
[robinsonsoutdoors
@shaw.ca](mailto:robinsonsoutdoors@shaw.ca)**

On Team November 14th,
2007 at 1:06pm.
Team "Rise Above Barriers"
with Pippa Blake reached
Everest Base Camp (5364m).

We cannot do justice here to
this accomplishment so we
highly recommend you visit the
Rise Above Barriers website.
View their gallery, read the
news, and share their journey.

The following excerpt is from
Pippa's reflection on the
journey.

"There were precipitous and
precarious sections:
suspension bridges that waved
in the breeze hundreds of feet
up and wooden bridges with
rotted sections missing. And

then there were "Yak Attacks"
by those huge shaggy big
horned yaks ringing their bells
and moving along the skinny
paths with the authority of the
"Kings of the Mountains" so
you'd better move over. Yet the
team never doubted that we
would achieve our goal of
reaching Everest Base Camp.

From start to finish our
Canadian/Nepali Rise Above
Barriers "Dream Team" worked
in perfect harmony and surely
epitomized how a team should
work. The trek was very tough
and extremely challenging – a
great deal tougher and more
challenging than any of us had
anticipated. However,

throughout the 21-day trip,
there was never a mumble or a
moan, with each person giving
everything they possibly could
to move with the TrailRider™
towards our common goal.

There was a great deal of
respect for each other within
the group. ... There was
always support when needed.
Each person had something to
offer so that everyone knew
they were contributing and
were an integral part of the
team. We were indeed
blessed to have such expertise
and unselfish sharing within
the group."